

# peace signs

## Peace Signs

Adjusting to life changes and a new learning environment due to the pandemic, students **Jessie**, **Trina**, and **Alex** realize some important lessons about empathy and resilience. With a little help from their science teacher, **Mr. H**, the young peacemakers-in-training discover the impact they can have on others and their community – and that sometimes, big changes we want to see in our world must begin with small changes in ourselves.

*Peace Signs* is provided **free of charge** to schools and communities throughout northern California.

## Educational Goals

Through the course of the virtual program, students learn

- To understand empathy and respect for others
- Skills to regulate emotions and build resiliency
- The Peace Signs Stoplight Solution conflict resolution model
- The importance of seeking help from trusted adults

## Program Information

- 21-minute video for classes to view in advance of workshop
- 35-minute interactive, livestreaming workshop
- Target audience: 3rd to 6th grades
- Priority to schools with higher percentage Free and Reduced Price Meals (FRPM)



## Technology Requirements

### In Class

Ability to project streaming video and sound from teacher's computer, with camera on to view students, and microphone muted

### Remote Learning Preferred Option

Chromebook, tablet, laptop, or desktop computer with internet access, camera on, and microphone muted

### Remote Learning Alternate Option

Smartphone with internet access and microphone muted

## Eligibility and Booking

Our mission is to focus on the most vulnerable communities. We use several factors to determine eligibility, including the Free and Reduced Price Meals (FRPM) program.

If you would like to book *Peace Signs*, or have any questions about your school or community group's eligibility, please contact us at 1-877-353-2223 to speak with one of our staff or visit [kp.org/et/ncal](http://kp.org/et/ncal).



## Peace Signs

- The video uses, comedy, drama, music, and dance to inspire students to solve conflicts peacefully, respect others, and seek help when needed.
- The interactive, livestreaming workshop with the cast gives students the chance to practice resilience skills and breathing techniques introduced in the video.



**Calm down.  
Take a breath.**

**How do you feel?**

**How does the other  
person feel?**

**How can you  
increase the peace?**

**Make a positive  
impact!**

## Why Is Kaiser Permanente Offering This Program?

As one of the nation's oldest not-for-profit health care delivery systems, Kaiser Permanente has worked to improve the health of our communities for 75 years. During this time of social distancing, Educational Theatre offers remote and in-person school audiences innovative videos and livestreaming workshops to engage and inspire them to make healthy choices and build stronger, healthier communities.

We offer *Peace Signs* to schools and communities throughout Northern California to teach young people and the adults around them a common language for resolving conflicts peacefully and to seek help from trusted adults.

## Contact Information

Northern California:  
Kaiser Permanente  
Educational Theatre  
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877-353-2223  
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